

26th and 27th September 2022

VOCO® St. John's Solihull,
651 Warwick Road, Solihull, B91 1AT



16th National IBD
Nurse Forum
2022

THE IBD PATIENT: TREATING BEYOND THE BOWEL

PREGNANCY COMPLICATIONS
SKIN RASHES EXTREME
TIREDDNESS
ARTHRITIS WEIGHT LOSS
JOINT PROBLEMS ANXIETY
SOCIAL ISOLATION

A MEETING TO DISCUSS TREATING BEYOND THE BOWEL IN YOUR IBD PATIENTS

We are delighted to invite you to the 16th National IBD Nurse Forum from the evening of the 26th September to the afternoon of the 27th September at the VOCO® St. John's Hotel in Solihull, 651 Warwick Road, B91 1AT. Travel and accommodation costs will be covered for all registered delegates by Ferring Pharmaceuticals.

We will be focusing on practical tips for managing both the everyday and some of the less everyday aspects of IBD. As ever, our focus is on getting the best from our services for people living with the conditions, and thinking about how we can work together to achieve this.

As a delegate attending, you will also be offered a personal insights report. Insights discovery helps people understand themselves and their colleagues so that they can have more respectful, productive and positive working relationships, even across virtual boundaries. The forum spaces are limited so please register early to secure your place by scanning the QR code at the bottom of the page or by visiting <https://bit.ly/NursesIBDMeeting>.

We hope you enjoy it.



Lisa Younge **Lucy Medcalf** **Glyn Scott**
National IBD Nurse Forum Faculty

THE IBD PATIENT: TREATING BEYOND THE BOWEL

Monday 26th September

Session 1		
16:10-17:00	Registration and pre-dinner drinks	
17:00-18:15	Personal Insights Discovery Report - Are you ready to discover if you're Fiery Red, Sunshine Yellow, Earth Green or Cool Blue, and what this all means?	Insights Discovery Coach
20:00	Dinner	

Tuesday 27th September

Session 2		
Hosted by Lucy Medcalf		
07:50-08:15	Registration	
08:15-08:20	Chair's introduction	Lisa Younge
08:20-08:50	Living with IBD in lockdown	Professor Lesley Dibley Dr Karen Kemp
08:50-09:15	The 'IBDologist's' guide to Dermatology - A simple guide	TBC
09:15-09:40	The 'IBDologist's' guide to Rheumatology - A simple guide	Dr Frances Humby
09:40-10:00	Case study - putting top tips into practice and a multidisciplinary team discussion	Lisa Younge
10:00-10:10	Question and answers	
10:10	Coffee and check-out	
Session 3		
Hosted by Lisa Younge		
10:40-11:10	Top and Tailing	Professor Jimmy Limdi
10:10-11:30	Managing the misbehaving rectum	Ellie Bradshaw
11:30-12:00	Psychological aspects of incontinence	Fiona Eldridge
12:00-12:20	Multidisciplinary team discussion	
12:20-12:30	Question and answers	
12:30-13:30	Lunch	
Session 4		
Hosted by Glyn Scott		
13:30-14:00	Future gazing and newsround, with a focus on paediatrics and pipeline drugs	Glyn Scott
14:00-15:10	State of the art panel presentation • Treatment in pregnancy • Reproductive health and IBD in pregnancy • The patient experience	Dr Klaartje Bel Kok Aileen Fraser Helen Janiszewski Lucy Medcalf
15:10-15:25	Multidisciplinary team discussion	
15:25-15:35	Question and answers	
15:35-15:45	Faculty wrap-up	
15:45	Coffee and depart	

Speakers:

- **Lisa Younge** – IBD Nurse Consultant, St Mark's Hospital, North West Healthcare NHS Trust, London
- **Lucy Medcalf** – IBD Nurse Specialist, King's College Hospital, London
- **Glyn Scott** – IBD Nurse Specialist, Queen Elizabeth the Queen Mother Hospital, Margate
- **Professor Lesley Dibley** – Professor of Qualitative Nursing Research, University of Greenwich
- **Dr Karen Kemp** – IBD Nurse Consultant, Lecturer (Honorary) Research at Manchester Royal Infirmary, Manchester
- **Dr Frances Humby** – Consultant Rheumatologist Guy's and St Thomas' NHS Trust, London
- **Professor Jimmy Limdi** – Consultant Gastroenterologist, The Northern Alliance Foundation Trust, Bury, Lancashire
- **Ellie Bradshaw** – Clinical Nurse Specialist in Biofeedback Therapy, St Mark's Hospital, London
- **Fiona Eldridge** – IBD Nurse Specialist, Cambridge University Hospitals NHS Foundation Trust, Cambridge
- **Dr Klaartje Bel Kok** – Consultant Gastroenterologist, Bart's Health NHS Trust, London
- **Aileen Fraser** – Lead IBD Clinical Nurse Specialist, Bristol Royal Infirmary, University Hospitals Bristol and Weston NHS Foundation Trust
- **Helen Janiszewski** – Clinical Lead Midwife, Nottingham University NHS Trust, Nottingham



Forum spaces are limited so register early to avoid disappointment.
Scan the QR code to register or visit <https://bit.ly/NursesIBDMeeting>.

This meeting is organised and fully funded by Ferring Pharmaceuticals Ltd.
Ferring Pharmaceuticals Ltd. have had no input into the content of this meeting.
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